

Fork n Spoon - a multi-cuisine restaurant located at Mandarin Gardens condominium in the culturally vibrant East Coast of Singapore serving local Chinese, Indian & Western food.

"Delight in Every Bite" is what we aim for our customers. Fork n Spoon is an opportunity to dine with the family to relish the dishes alongside an international collection of wine and speciality cocktails.

Through Fork n Spoon, we hope to pay homage to the founders of Singapore, who believed in the Singaporean Spirit of multi-cultural belongingness and culture of "live and eat together".



"Love for the soul is the same for the body, without food the body is weak and without love the soul is weak."

I believe in providing a soul to my recipes as it brings a soulful food experience to my diners.

With over 25 years of culinary experience in Singapore & in other Asia Pacific countries, where I partnered with luxury five-star hotels, boutique restaurants and airline catering services, I have learnt the art of touching the soul via good food.

I look forward to your patronage.





酸甜鱼片 / SWEET & SOUR SLICE FISH ————————————————————————————————————	S - \$12.00	M - \$18.00
姜葱鱼片 / SLICED FISH WITH SPRING ONION——————————————————————————————————	S - \$12.00	M - \$18.00
亚叁鱼头 / ASSAM FISH HEAD	S - \$28.00	M - \$35.00
咖哩鱼头 / CURRY FISH HEAD 😝	S - \$28.00	M - \$35.00
苦瓜鱼头 / BITTER GOURD FISH HEAD	S - \$28.00	M - \$35.00
酸甜炸石班 / SWEET & SOUR FRIED GROUPER——————	 	价/Season Price
清蒸红石班 / STEAMED RED GROUPER ————————	市	价/Season Price

海鲜 / SEA FOOD

三芭苏东 / SAMBAL SQUID /	S - \$12.00 M - \$18.00
牛油炸苏东 / DEEP FRIED BUTTER	
SQUID	S - \$12.00 M - \$18.00
冬菇海参 / SEA CUCUMBER	
WITH MUSHROOM	S - \$15.00 M - \$20.00
咸蛋苏东 / SALTED EGG SQUID	S - \$17.00 M - \$23.00





虾 / PRAWN







咸蛋大虾 / SALTED EGG PRAWN ≠ S - \$20.00	M - \$30.00
三芭大虾 / HOTPLATE SAMBAL PRAWN / S - \$20.00	M - \$30.00
牛油大虾 / BUTTER PRAWN ————————————————————————————————————	M - \$30.00
奶油大虾 / BAKED CREAM PRAWN ————————————————————————————————————	M - \$30.00
麦香大虾 / CEREAL BAKED PRAWN ————————————————————————————————————	M - \$30.00

豆腐 / BEANCURD

 铁板豆腐 / Hotplate Beancurd
 S - \$10.00 M - \$15.00

 家乡豆腐 / Home Town Beancurd
 S - \$12.00 M - \$18.00

 虾球豆腐 / Beancurd with Prawn
 S - \$20.00 M - \$30.00





清炒芥兰 / FRIED GARLIC KAI LAN	S - \$12.00	M - \$15.00
马来风光 / BELACAN / GARLIC KANG KONG 🥒 ————	S - \$12.00	M - \$15.00
咸鱼豆芽 / BEANSPROUT WITH SALTED FISH —————	S - \$10.00	M - \$13.00
三巴番署叶 / SAMBAL SWEET POTATO LEAVES /	S - \$12.00	M - \$15.00
鱿鱼应菜 / SAMBAL KANG KONG WITH CUTTLEFISH —	S - \$12.00	M - \$15.00
鱼片芥兰 / SLICED FISH WITH KAI LAN ———————	S - \$14.00	M - \$17.00
带子西兰花 / SCALLOP WITH BROCCOLI ——————	S - \$18.00	M - \$25.00
炒大蒜西兰花 / FRIED GRALIC BROCCOLI ——————	S - \$12.00	M - \$15.00
炒蔬菜/ SAUTEED VEGETABLES	S - \$12.00	M - \$15.00

蛋 / OMELETTE

 洋葱煎蛋 / MIXED ONION OMELET
 \$ - \$8.00 M - \$12.00

 虾仁煎蛋 / SHRIMP MEAT OMELET
 \$ - \$10.00 M - \$15.00

 苦瓜煎蛋 / BITTER GOURD OMELET
 \$ - \$8.00 M - \$12.00

 鸡肉煎蛋 / CHICKEN MEAT OMELET
 \$ - \$8.00 M - \$12.00



鸡类 / CHICKEN









虾酱炸鸡 / PRAWN PASTE CHICKEN ——————————	S - \$14.00	M - \$20.00
柠檬酥鸡 / LEMON CHICKEN	S - \$14.00	M - \$20.00
酸甜鸡丁 / SWEET AND SOUR CHICKEN DICE	S - \$14.00	M - \$20.00
泰式酥鸡 / THAI STYLE FRIED CHICKEN / ———————	S - \$14.00	M - \$20.00
宫保鸡丁 / KUNG PAO CHICKEN / ———————————————————————————————————	S - \$14.00	M - \$20.00
青咖哩鸡丁 / GREEN CURRY CHICKEN DICE ———————	S - \$14.00	M - \$20.00
金沙鸡块 / FRIED GOLDEN SAND CHICKEN DICE ————	S - \$15.00	M - \$21.00
三杯鸡 / CLAY POT CHICKEN WITH WINE ——————	S - \$15.00	M - \$21.00

汤 / SOUP







面 / NOODLE

什锦生面 / CRISPY EGG NOODLE ————————————————————————————————————	S - \$7.00	M - \$10.00
香港炒面 / FRIED HONG KONG NOODLE ———————	S - \$7.00	M - \$10.00
什锦伊面 / FRIED EE MEE ——————————————————————————————	S - \$7.00	M - \$10.00
福建面 / FRIED HOKKIEN MEE	S - \$7.00	M - \$10.00
马来面 / MEE GORENG	S - \$7.00	M - \$10.00
干炒伊面 / FRIED DRY EE MEE————————————————————————————————	S - \$8.00	M - \$11.00
干炒面线 / FRIED DRY RICE NOODLE ————————	S - \$8.00	M - \$11.00







米粉 / BEE HOON

海鲜米粉/

FRIED SEAFOOD BEE HOON	S - \$8.00	M - \$11.00
新洲米粉 / SIN CHEW BEE HOON ————	S - \$7.00	M - \$10.00
白米粉 / WHITE BEE HOON —————	S - \$8.00	M - \$11.00
鱼片白米粉 / WHITE BEE HOON		

WITH SLICE FISH S - \$9.00 M - \$12.00



饭 / RICE -040-





咸鱼炒饭 / FRIED RICE WITH

SALTED FISH	S	-	\$7	.00)	M	- 3	\$1	1.0	0
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鸡肉炒饭 / FRIED RICE WITH

S - \$7.00 M - \$11.00 SLICED CHICKEN

三芭炒饭 / SAMBAL FRIED RICE ——— S - \$7.00 M - \$11.00

黄梨炒饭 / PINEAPPLE FRIED RICE S - \$7.00 M - \$11.00

\$1.00 蒸饭 / STEAM RICE

河粉 / HOR FUN

鼓汁河粉 /

BLACKBEAN GRAVY HOR FUN S - \$7.00 M - \$10.00

三捞河粉 / HOR FUN WITH

BEANSPROUT & SLICED FISH S - \$8.00 M - \$11.00

海鲜河粉 /

FRIED SEAFOOD HOR FUN S - \$8.00 M - \$11.00



粿条 / **KWAY TEOW**



